



WELLNESS WEDNESDAY

Commons Area: 9:00 - 12:00

Acupuncture and massage is available for students for free. No appointment needed, just walk in and have a seat!

Great way to practice some self-care and decompress from a stressful week.

August 19 & 26
September 2, 9, 16, 23, & 30
October 7 & 14

November 5 & 19
December 2