



WELLNESS WEDNESDAY

Commons Area: 9:00 - 12:00

Acupuncture and massage is available for students for free. No appointment needed, just walk in and have a seat!

Great way to practice some self-care and decompress from a stressful week.

August 20 & 27

September 3, 10, 17, & 24

October 1, 8, 15, & 29

November 5, 12, & 19

December 3