

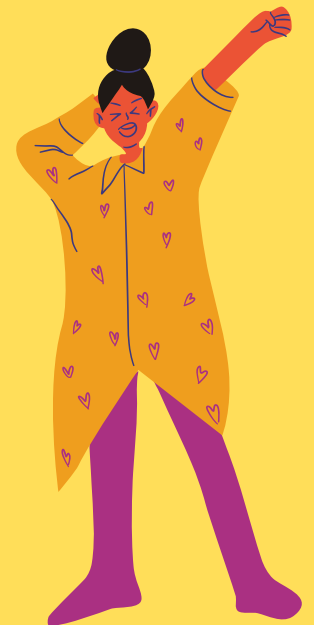
De-Stress with

Gentle Movement Workshops

Dr. Herb Kandel

Wednesdays

12:00 – 12:30 PM



All levels welcome!

<https://hancockcollege-hipaa.zoom.us/j/98087077681?pwd=eXhPbXJBUzZHYUJjbU14QlhWVkY4QT09#success>

Meeting ID: 980 8707 7681

Passcode: 277016