



California's **free mental health app**
for ages 13 - 25.

Your space to be you.

Confidential support for your own mental
health journey. No cost. No pressure.

Chat 1:1 with a professional coach, use interactive
tools to destress, or explore quizzes, videos, forums,
and more. **You choose!**

Search 'Soluna' in the App Store or Google Play
or visit SolunaApp.com



Soluna's commitment to you

Access to the Soluna app is 100% free. No ads, no data sales, ever. Just completely safe and anonymous
mental health support, available whenever you need it, 24/7.

3 steps to get started

1. Find Soluna on the App Store or Google Play
2. Enter your California zip code and birthdate
3. Embark on your journey in the Solunaverse

Still on the fence? Feel free to explore as a guest user first.