

Program Requirements:

"Program Requirements" specify the courses required for this program. See suggested course sequence for additional information.

A major of 27.5 - 29.5 units is required for the degree.

Required core courses 20.5 units:

COURSE	TITLE	UNITS
<input type="checkbox"/> BIOL 128	Microbiology	4
<input type="checkbox"/> CHEM 150	General Chemistry 1	5
<input type="checkbox"/> CHEM 151	General Chemistry 2	5
<input type="checkbox"/> FSN 110	Nutrition Science	3
<input type="checkbox"/> PSY 101	General Psychology	3

List A - Select one course (4-5 units) from the following:

COURSE	TITLE	UNITS
<input type="checkbox"/> BIOL 124	Human Anatomy	4
<input type="checkbox"/> BIOL 125	Human Physiology	4
<input type="checkbox"/> CHEM 180	Organic Chemistry 1	5
<input type="checkbox"/> MATH 123	Elementary Statistics	4

List B - Select one course (3-4 units) from the following:

COURSE	TITLE	UNITS
<input type="checkbox"/> CA 120	Principles of Foods 1	4
<input type="checkbox"/> FSN 133	Introduction To Food Science	3
<input type="checkbox"/> FSN 134	Food, Nutrition Customs and Culture	4

General Education

Suggested Course Sequence

The "Suggested Course Sequence" is an example of how to complete the requirements plus any additional general education that may be needed. If you would like to create a personalized Student Education Plan (SEP), schedule a meeting with a counselor.

FALL SEMESTER (YEAR 1)

Course	Title	Units
<input type="checkbox"/> CHEM 150	General Chemistry 1	5
<input type="checkbox"/> ENGL 101	Freshman Composition: Exposition	4
<input type="checkbox"/> FSN 110	Nutrition Science	3
<input type="checkbox"/> MATH 123	Elementary Statistics	4
Total Units		16

Tasks:

- Complete Career Exploration
- Meet with Counselor (SEP)
- Visit library & tutoring
- Review Financial Aid Requirements
- Apply AHC Scholarship

SPRING SEMESTER (YEAR 1)

Course	Title	Units
<input type="checkbox"/> BIOL 128	Microbiology	4
<input type="checkbox"/> CHEM 151	General Chemistry 2	5
<input type="checkbox"/> ELECTIVE	MAJOR ELECTIVE	3 TO 4
<input type="checkbox"/> IGETC	Area 3A: Arts	3
Total Units		15.5 to 16.5

Tasks:

- Set up Jobspeaker
- Attend Career Exploration Day
- Meet with a Transfer Counselor
- FAFSA or Dream Act due March 2
- Apply AHC Scholarship
- Attend a Transfer Workshop

FALL SEMESTER (YEAR 2)

Course	Title	Units
<input type="checkbox"/> PSY 101	General Psychology	3
<input type="checkbox"/> IGETC	Area 1B: Critical Thinking	3
<input type="checkbox"/> IGETC	Area 3B: Humanities	3
<input type="checkbox"/> IGETC	Area 1C (CSU Only): Oral Communication	3
<input type="checkbox"/> ELECTIVE	100-LEVEL COURSE	3
Total Units		15 TO 17

Tasks:

- Meet with a Transfer Counselor
- Develop Resume at Career Center
- Apply for University Transfer
- Review Financial Aid Requirements
- Apply for AHC Scholarship

SPRING SEMESTER (YEAR 2)

Course	Title	Units
<input type="checkbox"/> IGETC	Area 3A or 3B: Arts and Humanities	3
<input type="checkbox"/> IGETC	Area 4: Social and Behavioral Sciences	3
<input type="checkbox"/> IGETC	Area 4: Social and Behavioral Sciences	3
<input type="checkbox"/> IGETC	Area 6: Language other than English OR	3-5
<input type="checkbox"/> ELECTIVE	100-LEVEL COURSE	3
<input type="checkbox"/> ELECTIVE	100-LEVEL COURSE	3
Total Units		15 to 17

Tasks:

- Apply for Degree with Counseling
- Utilize Job Search Resources
- Complete: Transfer next steps
- FAFSA or Dream Act due March 2
- Attend Job Fair/Career Expo. Day