

Program Requirements:

"Program Requirements" specify the courses required for this program. See suggested course sequence for additional information.



Suggested Course Sequence

The "Suggested Course Sequence" is an example of how to complete the requirements plus any additional general education that may be needed. If you would like to create a personalized Student Education Plan (SEP), schedule a meeting with a counselor.

FALL SEMESTER (YEAR 1)

Course	Title	Units
ENGL 101	Freshman Composition: Exposition	4
☐ HED 100	Social and Personal Health and Wellness	3
🗆 PE 100	Introduction to Kinesiology	3
ELECTIVE	MAJOR ELECTIVE	1
🗆 CSU GE	Area D: Social Sciences	3
Total Units		14

Tasks:

- Complete Career Exploration
- Meet with Counselor (SEP)
- Visit library and tutoring
- Review Financial Aid Requirements
- Apply AHC Scholarship

SPRING SEMESTER (YEAR 1)

Course	Title	Units
BIOL 124	Human Anatomy	4
🗌 MATH 123	Elementary Statistics	4
ELECTIVE	MAJOR ELECTIVE	1
🗆 CSU GE	Area A3: Critical Thinking	3
🗆 CSU GE	Area C1: Arts	3
Total Units		15

Tasks:

- Set up Jobspeaker
- Attend Career Exploration Day
- · Meet with a Transfer Counselor
- FAFSA or Dream Act due March 2
- Apply AHC Scholarship
- Attend a Transfer Workshop

FALL SEMESTER (YEAR 2)				
Course	Title	Units		
BIOL 125	Human Physiology	4		
PHYS 141	General Physics 1	4		
	OR			
PHYS 161	Engineering Physics 1	4		
ELECTIVE	MAJOR ELECTIVE	1		
ELECTIVE	MAJOR ELECTIVE	1		
🗆 CSU GE	Area A1: Oral Communication	3		
	100-LEVEL COURSE	3		
Total Units		16		

Tasks:

- Meet with a Transfer Counselor
- · Develop Resume at Career Center
- Apply for University Transfer
- Review Financial Aid Requirements
- Apply for AHC Scholarship

SPRING SEMESTER (YEAR 2)				
Course	Title	Units		
🗆 CSU GE	Area C2: Humanities	3		
CSU GE	Area C1 or C2 Arts or Humanities Course	3		
🗆 CSU GE	Area D: Social Sciences	3		
🗆 CSU GE	Area F: Ethnic Studies	3		
ELECTIVE	100-LEVEL COURSE	3		
Total Units		15		

Tasks:

- Apply for Degree with Counseling
- Utilize Job Search Resources
- Complete: Transfer next steps
- FAFSA or Dream Act due March 2
- · Attend Job Fair/Career Expo. Day