

**Program Requirements:**

"Program Requirements" specify the courses required for this program. See suggested course sequence for additional information.

### Suggested Course Sequence

The "Suggested Course Sequence" is an example of how to complete the requirements plus any additional general education that may be needed. If you would like to create a personalized Student Education Plan (SEP), schedule a meeting with a counselor.

#### FALL SEMESTER (YEAR 1)

Course	Title	Units
<input type="checkbox"/> ENGL 101	Freshman Composition: Exposition	4
<input type="checkbox"/> HED 100	Social and Personal Health and Wellness	3
<input type="checkbox"/> PE 100	Introduction to Kinesiology	3
<input type="checkbox"/> IGETC	Area 5A: Physical Science	3-5
<input type="checkbox"/> ELECTIVE	MAJOR ELECTIVE	1
<b>Total Units</b>		<b>15</b>

##### Tasks:

- Complete Career Exploration
- Meet with Counselor (SEP)
- Visit library and tutoring
- Review Financial Aid Requirements
- Apply AHC Scholarship

#### SPRING SEMESTER (YEAR 1)

Course	Title	Units
<input type="checkbox"/> BIOL 124	Human Anatomy	4
<input type="checkbox"/> MATH 123	Elementary Statistics	4
<input type="checkbox"/> ELECTIVE	MAJOR ELECTIVE	1
<input type="checkbox"/> IGETC	Area 1B: Critical Thinking	3
<input type="checkbox"/> IGETC	Area 3A: Arts	3
<b>Total Units</b>		<b>15</b>

##### Tasks:

- Set up Jobspeaker
- Attend Career Exploration Day
- Meet with a Transfer Counselor
- FAFSA or Dream Act due March 2
- Apply AHC Scholarship
- Attend a Transfer Workshop

#### FALL SEMESTER (YEAR 2)

Course	Title	Units
<input type="checkbox"/> BIOL 125	Human Physiology	4
<input type="checkbox"/> EMS 102	First Aid and Safety	3
<input type="checkbox"/> ELECTIVE	MAJOR ELECTIVE	1
<input type="checkbox"/> ELECTIVE	MAJOR ELECTIVE	1
<input type="checkbox"/> IGETC	Area 1C (CSU Only): Oral Communication	3
<input type="checkbox"/> IGETC	Area 4: Social and Behavioral Sciences	3
<b>Total Units</b>		<b>15</b>

##### Tasks:

- Meet with a Transfer Counselor
- Develop Resume at Career Center
- Review Financial Aid Requirements
- Apply for AHC Scholarship

#### SPRING SEMESTER (YEAR 2)

Course	Title	Units
<input type="checkbox"/> IGETC	Area 3B: Humanities	3
<input type="checkbox"/> IGETC	Area 3A or 3B: Arts and Humanities	3
<input type="checkbox"/> IGETC	Area 4: Social and Behavioral Sciences	3
<input type="checkbox"/> IGETC	Area 7: Ethnic Studies	3
<input type="checkbox"/> IGETC	Area 6: Language other than English	3-5
<b>Total Units</b>		<b>15 to 16</b>

##### Tasks:

- Apply for Degree with Counseling
- Utilize Job Search Resources
- FAFSA or Dream Act due March 2
- Attend Job Fair/Career Expo. Day