

## Program Requirements:

"Program Requirements" specify the courses required for this program. See suggested course sequence for additional information.

**A major of 42 units required for the associate in science degree.**

### Required core courses (39 units)

| COURSE                            | TITLE   | UNITS |
|-----------------------------------|---|-------|
| <input type="checkbox"/> FCS 131  | Life Management   | 3     |
| <input type="checkbox"/> HUSV 101 | Introduction to Human Services: Becoming a Helping Professional | 3     |
| <input type="checkbox"/> HUSV 102 | Case Management Skills  | 3     |
| <input type="checkbox"/> HUSV 103 | Basic Counseling Skills   | 3     |
| <input type="checkbox"/> HUSV 104 | Group Dynamics  | 3     |
| <input type="checkbox"/> HUSV 106 | Family Systems, Addiction & Trauma                              | 3     |
| <input type="checkbox"/> HUSV 108 | Crisis Intervention Skills                                      | 3     |
| <input type="checkbox"/> HUSV 110 | Alcohol, Other Drugs, and Addiction                             | 3     |
| or                                |   |       |
| <input type="checkbox"/> SOC 106  | Alcohol, Other Drugs, and Addiction                             | 3     |
| or                                |   |       |
| <input type="checkbox"/> PSY 106  | Alcohol, Other Drugs, and Addiction                             | 3     |
| <input type="checkbox"/> HUSV 111 | Addiction Treatment and Recovery                                | 3     |
| <input type="checkbox"/> HUSV 142 | Co-Occurring Disorders: Engagement                              | 3     |
| <input type="checkbox"/> HUSV 130 | Addiction Studies Practicum                                     | 4     |
| <input type="checkbox"/> HUSV 131 | Addiction Studies Practicum Seminar                             | 2     |
| <input type="checkbox"/> HUSV 132 | Drugs, the Brain and the Body                                   | 3     |
| or                                |   |       |
| <input type="checkbox"/> PSY 132  | Drugs, the Brain and the Body                                   | 3     |

**Plus a minimum of 3 units selected from the following:**

| COURSE                            | TITLE                              | UNITS |
|-----------------------------------|------------------------------------|-------|
| <input type="checkbox"/> FSN 112  | Behavioral Nutrition               | 3     |
| <input type="checkbox"/> HUSV 107 | Serving Culturally Diverse Clients | 3     |
| <input type="checkbox"/> HUSV 113 | Women and Addiction                | 3     |

### Recommended electives:

| COURSE                            | TITLE                   | UNITS |
|-----------------------------------|-------------------------|-------|
| <input type="checkbox"/> HUSV 122 | States Of Consciousness | 3     |

## Suggested Course Sequence

The "Suggested Course Sequence" is an example of how to complete the requirements plus any additional general education that may be needed. If you would like to create a personalized Student Education Plan (SEP), schedule a meeting with a counselor.

### FALL SEMESTER (YEAR 1)

| Course                            | Title   | Units     |
|-----------------------------------|---|-----------|
| <input type="checkbox"/> ENGL 100 | Writing in Career/Tech Fields<br>OR                                   | 4         |
| <input type="checkbox"/> ENGL 101 | Freshman Composition:<br>Exposition                                   | 4         |
| <input type="checkbox"/> HUSV 101 | Introduction to Human<br>Services: Becoming a Helping<br>Professional | 3         |
| <input type="checkbox"/> HUSV 102 | Case Management Skills  | 3         |
| <input type="checkbox"/> HUSV 103 | Basic Counseling Skills   | 3         |
| <input type="checkbox"/> HUSV 110 | Alcohol, Other Drugs, and<br>Addiction                                | 3         |
| <b>Total Units</b>                |   | <b>16</b> |

#### Tasks:

- Complete Career Exploration
- Meet with Counselor (SEP)
- Visit library and tutoring
- Review Financial Aid Requirements
- Apply AHC Scholarship

### SPRING SEMESTER (YEAR 1)

| Course                              | Title  | Units           |
|-------------------------------------|--|-----------------|
| <input type="checkbox"/> FCS 131    | Life Management                              | 3               |
| <input type="checkbox"/> HUSV 106   | Family Systems, Addiction &<br>Trauma        | 3               |
| <input type="checkbox"/> HUSV 108   | Crisis Intervention Skills                   | 3               |
| <input type="checkbox"/> ELECTIVE   | MAJOR ELECTIVE                               | 3               |
| <input type="checkbox"/> AHC GE REQ | Area 1B: Oral Comm. and<br>Critical Thinking | 3               |
| <b>Total Units</b>                  |  | <b>15 to 17</b> |

#### Tasks:

- Set up Jobspeaker
- Attend Career Exploration Day
- FAFSA or Dream Act due March 2
- Apply AHC Scholarship

### FALL SEMESTER (YEAR 2)

| Course                              | Title  | Units           |
|-------------------------------------|--|-----------------|
| <input type="checkbox"/> HUSV 104   | Group Dynamics                                   | 3               |
| <input type="checkbox"/> HUSV 142   | Co-Occurring Disorders:<br>Engagement            | 3               |
| <input type="checkbox"/> HUSV 132   | Drugs, the Brain and the Body                    | 3               |
| <input type="checkbox"/> AHC GE REQ | Area 5: Natural Science                          | 3-4             |
| <input type="checkbox"/> AHC GE REQ | Area 4A: Social and<br>Behavioral Sciences       | 3               |
| <input type="checkbox"/> AHC GE REQ | Area 4B: United States History<br>and Government | 3               |
| <b>Total Units</b>                  |  | <b>18 TO 19</b> |

#### Tasks:

- Meet with a Counselor
- Develop Resume at Career Center
- Review Financial Aid Requirements
- Apply for AHC Scholarship

### SPRING SEMESTER (YEAR 2)

| Course                                | Title                                  | Units          |
|---------------------------------------|--|----------------|
| <input type="checkbox"/> HUSV 111     | Addiction Treatment and<br>Recovery    | 3              |
| <input type="checkbox"/> HUSV 130     | Addiction Studies Practicum            | 4              |
| <input type="checkbox"/> HUSV 131     | Addiction Studies Practicum<br>Seminar | 2              |
| <input type="checkbox"/> AHC GE REQ   | Area 3: Arts and Humanities            | 3              |
| <input type="checkbox"/> AHC GE REQ   | Area 7: Living Skills                  | 3              |
| <input type="checkbox"/> AHC Grad Req | Dance or Physical Activity             | .5-3           |
| <b>Total Units</b>                    |  | <b>18.5-20</b> |

#### Tasks:

- Apply for Degree with Counseling
- Utilize Job Search Resources
- Complete FAFSA or Dream Act by March 2
- Attend Job Fair/Career Exploration Day