

Human Services: Advanced Helping Skills 1 Certificate of Accomplishment

Program Requirements:

"Program Requirements" specify the courses required for this program. See suggested course sequence for additional information.

A major of 9 units is required for the certificate. Required core courses:

COURSE	TITLE	UNITS
☐ HUSV 112	Motivational Interviewing and Nonconfrontational Approaches	3
☐ HUSV 126	Meditation, Mindfulness, and Stress Reduction	3
☐ HUSV 135	Ethics for Human Services Professionals	3



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Suggested Course Sequence

The "Suggested Course Sequence" is an example of how to complete the requirements plus any additional general education that may be needed. If you would like to create a personalized Student Education Plan (SEP), schedule a meeting with a counselor.

FALL SEMESTER (YEAR 1)			
Title	Units		
Motivational Interviewing and Nonconfrontational Approaches	3		
Meditation, Mindfulness, and Stress Reduction	3		
	6		
	Title Motivational Interviewing and Nonconfrontational Approaches Meditation, Mindfulness, and		

Tasks:

- · Complete Career Exploration
- Meet with Counselor (SEP)
- · Visit library and tutoring
- · Review Financial Aid Requirements
- · Apply AHC Scholarship

SPRING SEMESTER (YEAR 1)			
Course	Title	Units	
☐ HUSV 135	Ethics for Human Services Professionals	3	
Total Units		3	
Tacke:			

- · Set up Jobspeaker
- · Attend Career Exploration Day
- · Apply for Certificate with Counseling
- · FAFSA or Dream Act due March 2
- · Apply AHC Scholarship
- · Utilize Job Search Resources