

# Human Services: Advanced Helping Skills 1 Certificate of Accomplishment

#### **Program Requirements:**

"Program Requirements" specify the courses required for this program. See suggested course sequence for additional information.



## **Human Services: Advanced Helping Skills 1 Certificate of Accomplishment**

### **Suggested Course Sequence**

The "Suggested Course Sequence" is an example of how to complete the requirements plus any additional general education that may be needed. If you would like to create a personalized Student Education Plan (SEP), schedule a meeting with a counselor.

FALL SEMESTER (YEAR 1)			
Title	Units		
Motivational Interviewing and Nonconfrontational Approaches	3		
Meditation, Mindfulness, and Stress Reduction	3		
	6		
	Title  Motivational Interviewing and Nonconfrontational Approaches  Meditation, Mindfulness, and		

#### Tasks:

- · Complete Career Exploration
- Meet with Counselor (SEP)
- · Visit library and tutoring
- · Review Financial Aid Requirements
- · Apply AHC Scholarship

SPRING SEMESTER (YEAR 1)		
Course	Title	Units
☐ HUSV 135	Ethics for Human Services Professionals	3
Total Units		3
Tacke:		

- · Set up Jobspeaker
- · Attend Career Exploration Day
- · Apply for Certificate with Counseling
- · FAFSA or Dream Act due March 2
- · Apply AHC Scholarship
- · Utilize Job Search Resources