



Family and Consumer Sciences General Associate in Science

Program Requirements:

"Program Requirements" specify the courses required for this program. See suggested course sequence for additional information.

Suggested Course Sequence

The "Suggested Course Sequence" is an example of how to complete the requirements plus any additional general education that may be needed. If you would like to create a personalized Student Education Plan (SEP), schedule a meeting with a counselor.

FALL SEMESTER (YEAR 1)

Course	Title	Units
<input type="checkbox"/> CA 120	Principles of Foods 1	4
<input type="checkbox"/> FASH 110	Apparel Construction 1	3
<input type="checkbox"/> AHC GE Req	Area 2: Mathematical Concepts and Quantitative Reasoning	3-5
<input type="checkbox"/> AHC Grad Req	Dance or Physical Activity	.5-3

Total Units 10.5-13

Tasks:

- Complete Career Exploration
- Meet with Counselor (SEP)
- Visit library and tutoring
- Review Financial Aid Requirements
- Apply AHC Scholarship

SPRING SEMESTER (YEAR 1)

Course	Title	Units
<input type="checkbox"/> ENGL 100	Writing in Career/Tech Fields OR	4
<input type="checkbox"/> ENGL 101	Freshman Composition: Exposition	4
<input type="checkbox"/> FASH 103	Textiles	3
<input type="checkbox"/> ELECTIVE	MAJOR ELECTIVE LIST A	3
<input type="checkbox"/> AHC GE REQ	Area 7: Living Skills	3
<input type="checkbox"/> AHC GE REQ	Area 1B: Oral Comm. and Critical Thinking	3

Total Units 16

Tasks:

- Set up Jobspeaker
- Attend Career Exploration Day
- FAFSA or Dream Act due March 2
- Apply AHC Scholarship

FALL SEMESTER (YEAR 2)

Course	Title	Units
<input type="checkbox"/> CA 123	Principles of Foods 2	2
<input type="checkbox"/> FSN 110	Nutrition Science	3
<input type="checkbox"/> ELECTIVE	MAJOR ELECTIVE LIST B	3
<input type="checkbox"/> AHC GE REQ	Area 4A: Social and Behavioral Sciences	3
<input type="checkbox"/> ELECTIVE	100-LEVEL COURSE	3

Total Units 14

Tasks:

- Meet with a Counselor
- Develop Resume at Career Center
- Review Financial Aid Requirements
- Apply for AHC Scholarship

SPRING SEMESTER (YEAR 2)

Course	Title	Units
<input type="checkbox"/> FCS 130	Consumer and Family Finance	3
<input type="checkbox"/> AHC GE REQ	Area 4B: United States History and Government	3
<input type="checkbox"/> AHC GE REQ	Area 3: Arts and Humanities	3
<input type="checkbox"/> AHC GE Req	Area 6: Ethnic Studies	3
<input type="checkbox"/> ELECTIVE	100-LEVEL COURSE	3
<input type="checkbox"/> ELECTIVE	100-LEVEL COURSE	3

Total Units 15 TO 18

Tasks:

- Apply for Degree with Counseling
- Utilize Job Search Resources
- FAFSA or Dream Act due March 2
- Attend Job Fair/Career Expo. Day