



Family and Consumer Sciences General Associate in Science

Program Requirements:

"Program Requirements" specify the courses required for this program. See suggested course sequence for additional information.

Suggested Course Sequence

The "Suggested Course Sequence" is an example of how to complete the requirements plus any additional general education that may be needed. If you would like to create a personalized Student Education Plan (SEP), schedule a meeting with a counselor.

FALL SEMESTER (YEAR 1)

| Course | Title | Units |
|---------------------------------------|--|---------|
| <input type="checkbox"/> CA 120 | Principles of Foods 1 | 4 |
| <input type="checkbox"/> FASH 110 | Apparel Construction 1 | 3 |
| <input type="checkbox"/> AHC GE Req | Area 2: Mathematical Concepts and Quantitative Reasoning | 3-5 |
| <input type="checkbox"/> AHC Grad Req | Dance or Physical Activity | .5-3 |
| Total Units | | 10.5-13 |

Tasks:

- Complete Career Exploration
- Meet with Counselor (SEP)
- Visit library and tutoring
- Review Financial Aid Requirements
- Apply AHC Scholarship

| | | |
|-------------------------------------|---|----|
| <input type="checkbox"/> ELECTIVE | MAJOR ELECTIVE LIST B | 3 |
| <input type="checkbox"/> AHC GE REQ | Area 4A: Social and Behavioral Sciences | 3 |
| <input type="checkbox"/> ELECTIVE | 100-LEVEL COURSE | 3 |
| Total Units | | 14 |

Tasks:

- Meet with a Counselor
- Develop Resume at Career Center
- Review Financial Aid Requirements
- Apply for AHC Scholarship

SPRING SEMESTER (YEAR 1)

| Course | Title | Units |
|-------------------------------------|---|-------|
| <input type="checkbox"/> ENGL 100 | Writing in Career/Tech Fields | 4 |
| | OR | |
| <input type="checkbox"/> ENGL 101 | Freshman Composition: Exposition | 4 |
| <input type="checkbox"/> FASH 103 | Textiles | 3 |
| <input type="checkbox"/> ELECTIVE | MAJOR ELECTIVE LIST A | 3 |
| <input type="checkbox"/> AHC GE REQ | Area 7: Living Skills | 3 |
| <input type="checkbox"/> AHC GE REQ | Area 1B: Oral Comm. and Critical Thinking | 3 |
| Total Units | | 16 |

Tasks:

- Set up Jobspeaker
- Attend Career Exploration Day
- FAFSA or Dream Act due March 2
- Apply AHC Scholarship

FALL SEMESTER (YEAR 2)

| Course | Title | Units |
|----------------------------------|-----------------------|-------|
| <input type="checkbox"/> CA 123 | Principles of Foods 2 | 2 |
| <input type="checkbox"/> FSN 110 | Nutrition Science | 3 |

SPRING SEMESTER (YEAR 2)

| Course | Title | Units |
|-------------------------------------|--|--------------|
| <input type="checkbox"/> FCS 130 | Consumer and Family Finance | 3 |
| <input type="checkbox"/> AHC GE REQ | Area 4B:United States History and Government | 3 |
| <input type="checkbox"/> AHC GE REQ | Area 3: Arts and Humanities | 3 |
| <input type="checkbox"/> AHC GE Req | Area 6: Ethnic Studies | 3 |
| <input type="checkbox"/> ELECTIVE | 100-LEVEL COURSE | 3 |
| <input type="checkbox"/> ELECTIVE | 100-LEVEL COURSE | 3 |
| Total Units | | 15 to 18 |

Tasks:

- Apply for Degree with Counseling
- Utilize Job Search Resources
- FAFSA or Dream Act due March 2
- Attend Job Fair/Career Expo. Day