



## Human Services Specialized Helping Approaches Certificate of Accomplishment

### **Program Requirements:**

"Program Requirements" specify the courses required for this program. See suggested course sequence for additional information.

### Suggested Course Sequence

The "Suggested Course Sequence" is an example of how to complete the requirements plus any additional general education that may be needed. If you would like to create a personalized Student Education Plan (SEP), schedule a meeting with a counselor.

#### FALL SEMESTER (YEAR 1)

| Course                            | Title                                                       | Units    |
|-----------------------------------|-------------------------------------------------------------|----------|
| <input type="checkbox"/> HUSV 112 | Motivational Interviewing and Nonconfrontational Approaches | 3        |
| <input type="checkbox"/> HUSV 126 | Meditation, Mindfulness, and Stress Reduction               | 3        |
| <b>Total Units</b>                |                                                             | <b>6</b> |

#### Tasks:

- Complete Career Exploration
- Meet with Counselor (SEP)
- Visit library and tutoring
- Review Financial Aid Requirements
- Apply AHC Scholarship

#### SPRING SEMESTER (YEAR 1)

| Course                            | Title                  | Units    |
|-----------------------------------|------------------------|----------|
| <input type="checkbox"/> HUSV 127 | Emotional Intelligence | 3        |
| <input type="checkbox"/> HUSV 128 | Positive Psychology    | 3        |
| <b>Total Units</b>                |                        | <b>6</b> |

#### Tasks:

- Set up Jobspeaker
- Attend Career Exploration Day
- Apply for Certificate with Counseling
- FAFSA or Dream Act due March 2
- Apply AHC Scholarship
- Utilize Job Search Resources