

# YEARLY PLANNING DISCUSSION

## General Questions

**Program Name** Student Health Services **Academic Year** 2022 2023

1. Has your program mission or primary function changed in the last year?  
The mission of Student Health Services (SHS) is to provide health and education services with the goal of positively impacting our students' and the college community's current and future health and healthcare decisions.  
Student Health Services shares the values stated in the Educational Master Plan 2020 – 2026; connect with students; successful entry; student progression; student completion; transition to transfer and/or gainful employment.  
There have been no changes in SHS's mission or primary function this year.
2. Were there any noteworthy changes to the program over the past year?
  - In person services resumed in LVC with an addition of a mental health counselor.
  - Consistent reproductive health services were re-established with The Center.
  - In person wellness events resumed.

### Learning Outcomes Assessment

- Please summarize key results from this year's assessment.  
Retention and success rates for students who access SHS remain higher than overall students, but that gap is narrowing.
  - Please summarize your reflections, analysis, and interpretation of the learning outcome assessment and data.  
Pandemic impacts to SHS include a decrease in overall utilization of services which impacts the general analysis and data. Students have had many health and mental health impacts due to the pandemic and recovery will take some time.
  - Please summarize recommendations and/or accolades that were made within the program/department.  
Continued expansion of in person services, marketing efforts, wellness events and general outreach have already shown a benefit with an increase in utilization of services within SHS.
  - Please review and attach any changes to planning documentation, including PLO rubrics, associations, and cycles planning.  
None.
3. Were there any staffing changes?
    - Hired additional mental health counselor for in person services in LVC. An additional 13.5 hours. This is an MFT intern and was hired as professional expert after having difficulty hiring as a part time faculty.

- Hired an additional mental health counselor for in person services in SM. An additional 12 hours. This is a Licensed MFT and she utilizes an available office in LAP.
- One mental health counselor was forced to take medical leave mid Fall semester. The additional hires filled the open hours and we hope to have this employee back in person for Fall 2023.
- Contracted with a new medical advisor, Dr. Rachel Zonca. Our longtime advisor retired.

4. What were your program successes in your area of focus last year?

- Partnered with Transitions Mental Health Association and presented the Mental Health Forum
- Added upgrades to Pyramed system to support college districts vaccine mandate and COVID-19 safety guidelines. Created interface with Banner for COVID vaccine information; added CAIR interface for automatic data transfers from the State; and added TimelyMD interface.
- Partnered with Albertsons pharmacy for pop up COVID and FLU vaccine clinic
- Worked in partnership with business services and facilities to plan new health center
- Conducted the Healthy Minds Study in consortium with HSACCC
- Completed registration process to participate in State Naloxone Distribution Project and collaborated with Campus Police to distribute Naloxone to every Campus Police Officer.
- Provided Mental Health First Aid training for Student Services staff.
- With support from SBCPHD, provided MPX vaccination clinic
- Created and marketed “health checkup” service to allow for extra credit activity for students
- Added additional service providers to acupuncture contract to allow for massage therapists to provide additional services.
- Supported the initiation of a new student club, the Mental Wellness Club.

**Validation for Program Planning Process:**

5. Who have you identified to validate your findings? (Could include Guided Pathway Success Teams, Advisory Committee Members, related faculty, industry partners or higher education partners)

- Student Health Services staff members
- Institutional Effectiveness
- Student feedback
- Wellness Advisory Committee
- HSACCC membership

6. Are there specific recommendations regarding the core topic responses from the validation team?

- More mental health services are needed to meet the demand and primary concerns of students.
- Current facility is not large enough to meet the current health and mental health needs of students. New health center is currently under development.