

Area of Focus Discussion Template

EDUCATION AND INDUSTRY PARTNERSHIPS

Education and Industry Partnerships – review relationships with four-year institutions including preparation for transfer and changes in major requirements assess employment as well as review employment and the needs of employers and regional partners. Sample activities include the following:

Possible topics:

- Review relationships with partner organizations and institutions.
- Review relationships with inter-departmental areas.
- Assess partnerships with high schools and other institutions.
- Gather feedback on practices from other institutions and professional development opportunities like conferences and summits.

1. What data were analyzed and what were the main conclusions?
 - Community Partner Survey
 - Community partners indicated high levels of satisfaction with working with Student Health Services and coordinating efforts. Suggestions were made to increase communication with the college at large regarding scheduling class presentations and workshops for select groups of students.
 - Wellness Wednesday attendance
 - There were 30 Wellness Wednesday opportunities this academic year and 19 of those days included a community partner.
 - Acupuncture & Massage Survey
 - Students indicated high levels of satisfaction with services provided at Wellness Wednesdays. Many students left positive comments and indicated a lower pain/discomfort level post treatment.
 - Student attendance for weekly event 2023 – 2024: 760
2. Based on the data analysis and looking through a lens of equity, what do you perceive as *challenges* with student success or access in your area of focus?
 - Wellness Wednesday is obviously offered once a week and may not be a convenient day or time for all students.
3. What are your plans for change or *innovation*?
 - Creating a flyer with community partner information regarding class presentations that can be shared with faculty and staff to create awareness of what topics are available and who to contact to schedule a presentation.
4. How will you *measure* the results of your plans to determine if they are successful?
 - Tracking the number of class presentations and workshops scheduled.
 - Survey faculty and staff satisfaction.

Validation for Program Planning Process: If you have chosen to do the Validation this year, please explain your process and the findings.

1. Who have you identified to validate your findings?
 - We have not chosen to do the validation this year. Information and conclusions are shared with the following groups.
 - Student Health Services staff
 - Wellness Advisory Committee
2. Are there specific recommendations regarding the core topic responses from the validation team?
 - None

Attached Documents:

1. Community partner survey
2. Acupuncture & Massage Outcomes

Program Review Signature Page:

Alex de Jonge

Program Review Lead

Date

Program Dean

Date

Vice President, Academic Affairs

Date

| Agency or department that you represent | Please describe the services that your agency provides? | What population does your agency | What kind of activities would your agency be interested in. Select all that apply. | How can we improve our collaboration and partnership with your agency? | What is your agency's goal if and when partnering with Allan Hancock College Student Health Services? | What is needed to achieve your agency's goals with our partnership? |
|--|---|--|--|---|---|---|
| Santa Barbara County Department of Behavioral Wellness | Behavioral Health Services | All of Santa Barbara County, including underserved populations | Tabling during Wellness Wednesdays;Workshops or presentations;Classroom presentations;Provide specific training opportunity to staff and/or faculty ;Collaborating in providing a specific wellness or educational event; | N/A. So far all interactions/collaborations have been wonderful! | To educate students on our department for them to utilize our resources if they qualify, and to help create a career path/interest for those who would like to work for a government agency and within a behavioral health field. | Proper communication with staff to efficiently plan for outreach and training events. |
| YouthWell | Mental Health Resources | Youth, Parents, and Adolescents | Tabling during Wellness Wednesdays;Collaborating in providing a specific wellness or educational event;Workshops or presentations;Classroom presentations;Provide specific training opportunity to staff and/or faculty ;Whatever to help support our community; | We have some linkage network meetings that we'd love to invite you to. I think more of an exploratory convo about how we can collaborate. | To increase awareness regarding local mental health and drug use resources for our community. | all the above opportunities |

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| <p>AHC Applied Behavioral Sciences Department, Food Science & Nutrition Program</p> | <p>Education and food for healthy lives!</p> | <p>Community college students</p> | <p>Collaborating in providing a specific wellness or educational event; Nutrition Day;</p> | <p>You are already doing a fantastic job! Emails, social media, and events on campus are all great.</p> | <p>Collaborate to provide information, resources, events, and activities for students to promote nutrition and health.</p> | <p>Financial support for Nutrition Day supplies and activities, logistical support for organizing activities, availability of staff to meet and discuss student health educational issues and opportunities</p> |
|---|--|-----------------------------------|--|---|--|---|

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| Transitions- Mental Health Association | Peer wellness centers, family support services, supportive employment program, 24/7 crisis hotline, mental health trainings and presentations | Adults, youth, older adults, families, in English and Spanish | Tabling during Wellness Wednesdays;Collaborating in providing a specific wellness or educational event;Workshops or presentations;Classroom presentations;Provide specific training opportunity to staff and/or faculty ;Training students to utilize their lived experience with mental health challenges to advocate in our community; | AHC has so many departments that it is difficult to know who to coordinate with. We have an established collaboration with Megan McComas to offer mental health presentations to the nursing students. I met Kurt Kruse and Tawnya Karstrom at the Bow Wow last week and are working on a collaboration to offer mental health trainings to students pursuing a career in law enforcement or medical assisting. | Mental health challenges are common so we strive to normalize conversation around mental health and wellness. We want students and staff to know the early warning signs, how to approach someone in crisis and what resources are available to assist. We want students and staff to know the about the numerous barrier-free programs and services that Transitions- Mental Health Association has to offer in Northern Santa Barbara County. | We are offering mental health presentations and trainings for free. We would be happy to offer Adult Mental Health First Aid and QPR Gatekeeper trainings on a regular basis to AHC staff and students. We want to continue our partnership to offer the Alliance for Mental Wellness at least once a year. |
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Acupuncture & Massage

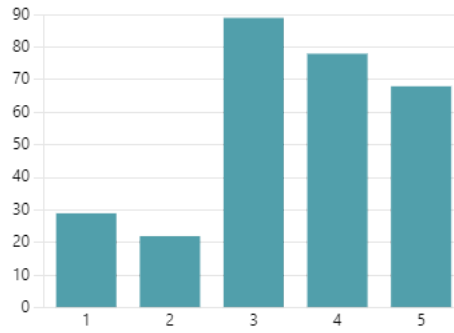
294 Responses

05:06 Average time to complete

Active Status

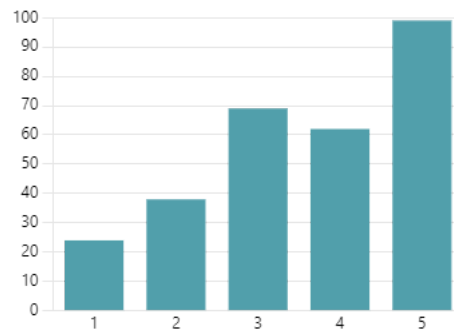
1. What was your level of discomfort when you started today's treatment? 1 = little to no pain/discomfort; 5 = great amount of pain/discomfort (0 point)

3.47
Average Rating

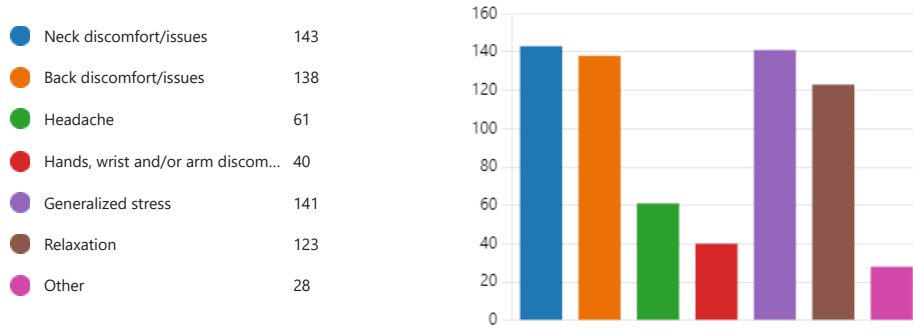


2. Does your current condition have an impact on your academic success? 1 = little/ no impact; 5 = great amount of impact (0 point)

3.60
Average Rating

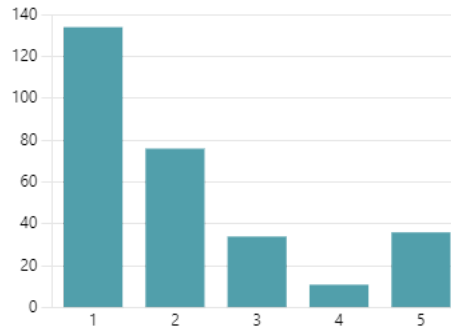


3. What was your primary condition of concern today? (0 point)



4. What is your level of discomfort now after today's treatment? 1 = little to no pain/discomfort; 5 = great amount of pain/discomfort (0 point)

2.10
Average Rating





5. Comments: (0 point)

152
Responses


Latest Responses
"Felt great I recommend this a lot"
"Great source to have..... more often please!!!!"

42 respondents (28%) answered **thank** for this question.



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| 1 | anonymous | Satisfying |
| 2 | anonymous | I highly recommend relaxing and comforting:) |
| 3 | anonymous | Exactly what I needed in the middle of a stressful week |
| 4 | anonymous | Very nice it helped out thank you |
| 5 | anonymous | I love it |
| 6 | anonymous | I absolutely love this clinic |
| 7 | anonymous | I love how it made me feel so much better |
| 8 | anonymous | awesome |
| 9 | anonymous | Wow! Thank you so much. |
| 10 | anonymous | Very healing |
| 11 | anonymous | Awesome service. Thank you!! |
| 12 | anonymous | I love it |
| 13 | anonymous | Really nice people and 100% recommend |
| 14 | anonymous | Thank you |
| 15 | anonymous | Accupunture really really helps |
| 16 | anonymous | Very friendly and caring |
| 17 | anonymous | I feel much more relaxed! |
| 18 | anonymous | Everything was great! Vanessa did a wonderful job |
| 19 | anonymous | I loved it ! |
| 20 | anonymous | It was good |
| 21 | anonymous | Herb is great |
| 22 | anonymous | Thank you so much! |
| 23 | anonymous | Very mellow and warm energy! Loved spending time here today! |
| 24 | anonymous | I love this clinic  |
| 25 | anonymous | Wow! This was the first time I tried massage and it was very helpful. Thank you  |
| 26 | anonymous | This is an amazing resource on this campus, connecting students to themselves and each other in ways only ancient medicine can do. Thank you! |
| 27 | anonymous | This helped me relax and release tension on my back |
| 28 | anonymous | It was amazing |

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|----|------------|--|
| 29 | anonymous | Thank you |
| 30 | anonymous | Great |
| 31 | anonymous | Awesome! Works with your time |
| 32 | anonymous | I think I might come again next session |
| 33 | anonymous | It was amazing, I felt the release and tension that was released |
| 34 | anonymous | Acupuncture helps greatly with my anxiety!!! |
| 35 | anonymous | Very helpful and relaxing |
| 36 | anonymous | Excellent use of hands |
| 37 | anonymous | It was great, thank you! |
| 38 | anonymous | Neck and hip pain |
| 39 | anonymous | Very interesting experience. Would like to receive acupuncture regularly to note effectiveness. |
| 40 | anonymous | It is fantastic that acupuncture is offered on campus! I am so grateful. I could feel my body unwinding. |
| 41 | anonymous | Very relaxing and friendly staff. |
| 42 | anonymous | THANK YOU |
| 43 | anonymvous | Good enerav aood people equals less stress highlv recommend |
| 44 | anonymous | really nice and quick work. Accurately put pressure on stressed points. felt really relaxed. |
| 45 | anonymous | Grateful |
| 46 | anonymous | This helped a lot. Thank you |
| 47 | anonymous | Im so grateful for these treatments. Really helps with stress. |
| 48 | anonymous | Thank you for bringing this service to Hancock |
| 49 | anonymous | I feel relaxed |
| 50 | anonymous | Awesome. I didn't realize how much I had been missing. Doctor Kendall and Alex. |
| 51 | anonymous | The massage helped alot thank you |
| 52 | anonymous | Appreciate having this services. Maybe an afternoon in the week will work for other students. |
| 53 | anonymous | Thank you! |
| 54 | anonymous | Man it helped a whole lott |
| 55 | anonymous | Herb was great. Or helped a lot |
| 56 | anonymous | Herb was great. Thanks alot |
| 57 | anonymous | Amazing services |

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| 58 | anonymous | Feels very good |
| 59 | anonymous | Great experience |
| 60 | anonymous | Very relaxed 😊 |
| 61 | anonymous | Angel |
| 62 | anonymous | Amazing |
| 63 | anonymous | Cupping is AMAZING |
| 64 | anonymous | Supper nice people |
| 65 | anonymous | Love this service! |
| 66 | anonymous | 3 weeks of acupuncture treatment shows improvement. Thank you |
| 67 | anonymous |  |
| 68 | anonymous | Great staffs and treatment |
| 69 | anonymous | I appreciate it ! I think if I have a chance I m coming again to improve the best results |
| 70 | anonymous | It really did feel amazing. Thank you ! |
| 71 | anonymous | First time feel like i need to do it again. Ty |
| 72 | anonymous | Pretty good |

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| 73 | anonymous | I love u guys so much thank u for all that you do you have no idea how much you help us in relieving our stress and keeping us focused and well rested 🍷 🍷 |
| 74 | anonymous | I feel so much better. |
| 75 | anonymous | Buen trabajo ayuda mucho |
| 76 | anonymous | Amazing thank u! |
| 77 | anonymous | I felt really relaxed after and it helped get me a sleep |
| 78 | anonymous | This is a fantastic opportunity. I hope that this is able to continue to help the student population and create other healing modalities and supports for us. |
| 79 | anonymous | It was very enjoyable, and it opened myself up to a new great experience. Will possibly aquire in the future. |
| 80 | anonymous | This is my first acupuncture treatment for current problems and it seemed to help. |
| 81 | anonymous | Thank you so much for the massage. It was key in pain relief! |
| 82 | anonymous | I love these services, they're the absolute best and I look forward to Wednesday. Thank you . You're awesome |
| 83 | anonymous | The treatment was outstanding, I will return |
| 84 | anonymous | Amazing people. I felt so calm and peaceful |

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| 85 | anonymous | We love you guys |
| 86 | anonymous | I love this service . It is amazing ! Thanks a lot |
| 87 | anonymous | Grateful! |
| 88 | anonymous | Very respectful, relaxing |
| 89 | anonymous | I've never had any massage or acupuncture done before, so I was incredibly surprised when I participated in both at how amazing it feels. Almost immediate results. |
| 90 | anonymous | Lovely people and an overall relaxing service |
| 91 | anonymous | thank you |
| 92 | anonymous | So good at massaging |
| 93 | anonymous | This is a very good program. I loved it when I was attending Allan Hancock and it is so relaxing. Thank you for everything you do for the students |
| 94 | anonymous | So thankful for this! |
| 95 | anonymous | Alex was wonderful and she listened to my concerns. |
| 96 | anonymous | Excellent and beneficial treatment |
| 97 | anonymous | This service is wonderful for students. I'm so glad it's here. |
| 98 | anonymous | Amazing, glad we have these services |

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| 99 | anonymous | Great experience. Thank you for your service. Will visit again. |
| 100 | anonymous | Love this service |
| 101 | anonymous | Thank you so much |
| 102 | anonymous | I'm so happy for this |
| 103 | anonymous | I got ear seeds to try out. |
| 104 | anonymous | Thank you |
| 105 | anonymous | Amazing work, felt relaxed and ready to tackle on today's classes and study time. |
| 106 | anonymous | Thank you for your services |
| 107 | anonymous | Thanks for the therapy. |
| 108 | anonymous | Best service ever!! |
| 109 | anonymous | It was the day amazing |
| 110 | anonymous | The massage help me relax. Thank you Ms Alex |
| 111 | anonymous | Thank you for the magical healing hands |
| 112 | anonymous | Thank you I Am feeling very Good |

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| 113 | anonymous | Good fillfelling |
| 114 | anonymous | I liked the acupuncture a lot and the massage, it worked very well. |
| 115 | anonymous | I feel more relaxed thank you. |
| 116 | anonymous | You guys are amazing |
| 117 | anonymous | Amazing experience!!!! |
| 118 | anonymous | Wonderful experience. Very relaxing |
| 119 | anonymous | Thanks for this service |
| 120 | anonymous | Best services ever |
| 121 | anonymous | Thank you for offering this service for us |
| 122 | anonymous | Loved it ! |
| 123 | anonymous | No comments |
| 124 | anonymous | awesome! |
| 125 | anonymous | I felt better |
| 126 | anonymous | Thanks for the opportunity |
| 127 | anonymous | Great session |
| 128 | anonymous | I appreciate the treatment |
| 129 | anonymous | Thank you |
| 130 | anonymous | Excellent service. Thank you |
| 131 | anonymous | Really enjoy this opportunity |
| 132 | anonymous | Best services ever |
| 133 | anonymous | thanks for having for the students |
| 134 | anonymous | No complaints |
| 135 | anonymous | This helps so much I'm so thankful for these services. Everyone is friendly and knowledgeable |
| 136 | anonymous | First time participating |
| 137 | anonymous | Amazing! |
| 138 | anonymous | The massage and acupuncture made me feel so relaxed. It feels like I'm floating. |
| 139 | anonymous | Great variety of different forms of relaxation, always super friendly people |
| 140 | anonymous | Awesome service |
| 141 | anonymous | Love these services |

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| 142 | anonymous | Thanks |
| 143 | anonymous | Such kind and caring people. |
| 144 | anonymous | This really helped me out today |
| 145 | anonymous | Always a great experience |
| 146 | anonymous | Excellent resource for a curious student like myself! |
| 147 | anonymous | Thank you! |
| 148 | anonymous | Please student need to know this |
| 149 | anonymous | Great service from Mary, Dr Herb and Alex |
| 150 | anonymous | Great work cupping now that I can lay down on the blanket! Also did jaw acupuncture it was all very relaxing and awakening! Thanks health team! |
| 151 | anonymous | Great source to have..... more often please!!!! |
| 152 | anonymous | Felt great I recommend this a lot |