



Community Ed Fitness

Course Number	CRN	Course Title	Location	Instructor	Day	Time	Date
CSFT 8000	20810	Physical Fitness Lab	N-13	Dutra, K J		TBA	08/16-12/02
CSFT 8005	20813	Swim Lab	N-POOL	Stevens, C W		TBA	08/16-12/02
CSFT 8021	20814	Beginning Yoga	CBC-33	Mann, S F	F	5:30pm- 6:25pm	08/16-10/09
CSFT 8021	21787	Beginning Yoga	CBC-23	Mann, S F	R	10:00am-10:55am	08/16-10/09
CSFT 8030	20815	Beginning Tai Chi	CBC-23	Mann, S F	R	9:00am- 9:55am	08/16-10/09