

# Community Ed Fitness

Course Number	CRN	Course Title	Location	Instructor	Day	Time	Date
CSFT 8000	41569	Physical Fitness Lab	N-13	Dutra, K J		TBA	01/24-05/18
CSFT 8005	41570	Swim Lab	N-POOL	Stevens, C W		TBA	01/24-05/18
CSFT 8021	40756	Beginning Yoga	N-15	Mann, S F	F	5:30pm- 6:25pm	01/24-04/01
CSFT 8021	41571	Beginning Yoga	TBA	Mann, S F	R	10:00am-10:55am	01/24-03/19
CSFT 8030	40757	Beginning Tai Chi	TBA	Mann, S F	R	11:00am-11:55am	01/24-03/19