

# Foster and Kinship Care Education Program – Allan Hancock College

## May 2021 Calendar – Free Online Trainings via Zoom

Class is in English = Black Font; **Class is in Spanish = Red Font.**

Clase es en Inglés = Fuente Negra; **Clase es en Español = Fuente Rojo.**

Community Education, Building S

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Date	Time	Instructor	Topic	Sign-up Link
Monday, 5/03/21	6:00pm- 8:00pm	Kristen Drayton	<p style="text-align: center;"><b><u>Ethnic Skin Care for Foster Kids/Youth</u></b></p> <p>This class will supply resource parents with basic knowledge of the skin's Anatomy and Physiology. The course will also provide resources to promote healthy skin care with an emphasis on caring for skin with greater concentrations of melanin. I.e. Black, Latino, and Mixed race children/youth. After completion of this course, you will have a general knowledge of the skin's functionality, how to implement a daily skin care routine for your child, healthy skincare tips, basic product knowledge, and how to manage your child's specific skin type/condition.</p>	<a href="#">Click here to sign up</a>
Tuesday, 5/04/21	6:30pm- 8:30pm	Maria Santana	<p style="text-align: center;"><b><u>Comprensión de la Ley de Bienestar Infantil Indio</u></b></p> <p>Conozca los detalles de la Ley de Bienestar Infantil Indio y lo que estaba ocurriendo en el mundo en el momento en que se creó y aprobó esta ley. Comprenda las implicaciones de la Ley de Bienestar Infantil Indígena y cómo podría afectarle personalmente. Además, aprenda sobre los recursos que pueden ayudarlo mientras se encuentra en el camino hacia la conciencia cultural, la sensibilidad y la proactividad.</p>	<a href="#">Haga clic aquí para registrarte</a>
Wednesday, 5/05/21	6:30pm- 8:30pm	Maria Santana	<p style="text-align: center;"><b><u>Efectos del Abuso de Drogas y Alcohol en los Niños</u></b></p> <p>Aprenda sobre el cerebro y cómo el abuso de sustancias puede afectar a los niños a medida que se desarrolla su cerebro. Aprenda qué necesita saber, qué estrategias necesita tener implementadas y qué apoyos hay para usted en la comunidad.</p>	<a href="#">Haga clic aquí para registrarte</a>
Thursday, 5/06/21	6:30pm- 8:30pm	Matt Pennon	<p style="text-align: center;"><b><u>Understanding and Supporting LGBTQ+ Youth in Foster Care</u></b></p> <p>As a Resource Parent, understanding and supporting the needs of LGBTQ+ youth is vital in their success not only while they are in foster care, but as they mature into young adults. In this class we, will discuss the difference between sexuality and gender identity, discuss the importance of sexual &amp; reproductive wellness, and review the rights of LGBTQ+ youth in foster care related to SB 89.</p>	<a href="#">Click here to sign up</a>

Saturday, 5/08/21	10:00am- 12:00pm	Destiny McLeod	<p align="center"><b><u>Social Emotional Implications of Attachment Styles</u></b></p> <p>In this workshop, we will cover the 4 types of attachment styles and the characteristics of each pertaining to children &amp; teens as well as adults. We will also look at the social and psychological issues that may arise with each type of attachment style. The last part of the workshop foster parents will learn ways they can help create the foundation for secure attachments with infants in their care and how to engage with insecurely attached teens.</p>	<a href="#">Click here to sign up</a>
Monday, 5/10/21	6:00pm- 8:00pm	Monica Thorpe	<p align="center"><b><u>Understanding the Indian Child Welfare Act - Pt. 2</u></b></p> <p>Understand the implications of the Indian Child Welfare Act and how it might affect you personally. Also, learn about recoures that can support you as you are on the journey to be culturally aware, sensitive and proactive.</p>	<a href="#">Click here to sign up</a>
Tuesday, 5/11/21	6:00pm- 9:00pm	Michelle Moses	<p align="center"><b><u>TBRI Foundation 101 - Empowering Principles</u></b></p> <p>This course provides are condense and brief overview of Correcting Principles. The TBRI® The Empowering Principles address the ecological (environmental) and physiological needs of the child. These principles address the reality that a child's mind is housed in his body and that the needs of the body influence his ability to do higher-level tasks. The Empowering Principles are founded on research from various domains including Tiffany Field's work on touch, Stephen Porges's work on the polyvagal system, work carried out on regulatory and sensory processing disorders, and efforts to determine the effect of nutritional interventions on children's psychopathology. Experts Dr. Karyn Purvis and Dr. David Cross use whiteboard and video teaching format.</p>	<a href="#">Click here to sign up</a>
Wednesday, 5/12/21	6:30pm- 8:30pm	Yuri Gomez	<p align="center"><b><u>Apoyar la Transición de los Jóvenes a la Vida Independiente y la Edad Adulta</u></b></p> <p>Este curso brinda orientación a las familias y los cuidadores sobre cómo ayudar a los jóvenes a construir una base para una transición saludable y segura a la edad adulta. Explore los desafíos únicos que enfrentan los jóvenes que salen del cuidado de crianza y cómo puede capacitarlos a través de esta transición.</p>	<a href="#">Haga clic aqui para registrate</a>
Thursday, 5/13/21	6:30pm- 8:30pm	Matt Pennon	<p align="center"><b><u>Understanding the Path to Permanency</u></b></p> <p>The Path to Permanency is often one that is complicated and challenging for Resource Parents to understand. In this class, we will break down what permanency means within the Child Welfare System: discussing reunification, adoption, and legal guardianship.</p>	<a href="#">Click here to sign up</a>

Friday, 5/14/21	6:00pm- 8:00pm	Monica Thorpe	<p align="center"><b><u>The Effects of Parental Substance Abuse on Children and Brain Development</u></b></p> <p>A class designed to learn what are the best practices when caring for children with special needs. How and when to adjust supervision and what to know about managing their health care. Learn what are the local resources and support that can help you in your journey.</p>	<a href="#">Click here to sign up</a>
Monday, 5/17/21	6:00pm- 7:30pm	Kristy Wayson	<p align="center"><b><u>Psychotropic Medication</u></b></p> <p>Learn more about your child's psychotropic medications and how to manage those medications. Come ready to learn the side effects, associated signs and symptoms, how to document and track those psychotropic medications, as well as when to ask for help!</p>	<a href="#">Click here to sign up</a>
Tuesday, 5/18/21	6:30pm- 8:30pm	Carmen Luna	<p align="center"><b><u>Disciplina/Información Sobre el Trauma</u></b></p> <p>La disciplina no se puede imponer, golpear ni forzar a los niños. La disciplina se desarrolla mejor cuando los niños modelan a los padres cuyo ejemplo admiraban. Objetivos de la clase: 1. los participantes tendrán la oportunidad de aprender y hablar sobre los aspectos críticos de la crianza de los hijos, 2. Establecer límites a través de reglas familiares, 3. Enseñar el bien del mal a través de la moral familiar, 4. Enseñar el respeto y la autoestima a través de los valores familiares, and 5. Efectos del trauma en los niños debido a la violencia y el abuso.</p>	<a href="#">Haga clic aqui para registrarte</a>
Wednesday, 5/19/21	6:00pm- 8:00pm	Gustavo Prado	<p align="center"><b><u>Safety Organized Practice - Tools for Resource Parents that Promote Teamwork</u></b></p> <p>It takes a team of caring adults to raise a child or youth in foster care. This class will provide parents with easy to use skills that will prepare a parent to work with social workers, attorneys, and the many different members of the Child Welfare Team.</p>	<a href="#">Click here to sign up</a>
Thursday, 5/20/21	6:30pm - 8:30pm	Gustavo Prado	<p align="center"><b><u>La Práctica Organizada por la Seguridad, Herramientas para Padres de Recurso que Promueven el Trabajo en Equipo</u></b></p> <p>Se necesita un equipo de adultos solidarios para criar a un niño o joven en un hogar de crianza. Esta clase proporcionará a los padres habilidades fáciles de usar que prepararán a los padres para trabajar con trabajadores sociales, abogados y los diferentes miembros del Equipo de Bienestar Infantil.</p>	<a href="#">Haga clic aqui para registrarte</a>

Friday, 5/21/21	9:00am- 1:30pm	AHC-FKCE	<p align="center"><b><u>Supportive Relationships – Virtual Conference (Day 1)</u></b></p> <p>AHC-FKCE will be hosting a free two-day virtual conference open to licensed resource parents and resource family applicants in Santa Barbara County. Come and learn how to improve your foster parenting skills! *CEUs available for LMFTs, LCSWs, LPCCs, and/or LEPs</p> <ul style="list-style-type: none"> <li>- <u>Day 1 – Friday, May 21st</u> <ul style="list-style-type: none"> <li>o <b>9:10am – 11:10am - Protecting our Youth Against CSEC</b> presented by Lori Switanowski, Christina Ruiz, and John Causey.</li> <li>o <b>11:20am – 1:20pm - Pathways to Higher Education for Foster Youth</b> presented by Shannon Bell with Guest speakers – Alex Spies and Dawn Manalo.</li> </ul> </li> </ul>	<a href="#">Click here to sign up</a>
Saturday, 5/22/21	9:00am- 1:30pm	AHC-FKCE	<p align="center"><b><u>Supportive Relationships – Virtual Conference (Day 2)</u></b></p> <p>AHC-FKCE will be hosting a free two-day virtual conference open to licensed resource parents and resource family applicants in Santa Barbara County. Come and learn how to improve your foster parenting skills! *CEUs available for LMFTs, LCSWs, LPCCs, and/or LEPs</p> <ul style="list-style-type: none"> <li>- <u>Day 2 – Saturday, May 22nd</u> <ul style="list-style-type: none"> <li>o <b>9:10am – 11:10am - Harnessing Your Happiness Hormones: Who is Driving this Bus-- You or Your Hormones? Self-Care: the Pathway to Restoration</b> presented by Nick Lawrence.</li> <li>o <b>11:20am – 1:20pm - Working with Bio Parents and Visitation</b> presented by Judith Martin and Holly Campbell.</li> </ul> </li> </ul>	<a href="#">Click here to sign up</a>
Monday, 5/24/21	6:00pm- 8:00pm	Monica Thorpe	<p align="center"><b><u>Collaboration to Support Children with Special needs in regards to Supervision and Health Care</u></b></p> <p>A class designed to learn what are the best practices when caring for children with special needs. How and when to adjust supervision and what to know about managing their health care. Learn what are the local resources and support that can help you in your journey.</p>	<a href="#">Click here to sign up</a>

Tuesday, 5/25/21	6:00pm- 9:00pm	Michelle Moses	<p style="text-align: center;"><b><u>TBRI Foundation 101 – CoNNecting Principles</u></b></p> <p>This course provides a condensed and brief overview of Connecting Principles. The Connecting Principles address the relational needs of adopted or foster children who often have past experiences that put them at risk for relationship-based disturbances. Typically, children have two responses to trauma: dissociation and hyperarousal. The Connecting Principles address the tendency of a child to withdraw or dissociate as a means of self-protection through methods that engage the child while attending to his feelings of threat or fear. The TBRI® Connecting Principles are grounded in attachment theory as a way to conceptualize the importance of early parent-child relationships for optimal child development</p>	<a href="#">Click here to sign up</a>
Wednesday, 5/26/21	6:30pm- 8:30pm	Yuri Gomez	<p style="text-align: center;"><b><u>Comprension y Apoyo a los Jóvenes LGBTQ+ en Foster Care</u></b></p> <p>Prepárese para satisfacer las necesidades de los jóvenes LGBTQ+ bajo su cuidado al aprender un lenguaje preciso y respetuoso, comprender cómo sus propios valores y creencias pueden afectar sus interacciones con los jóvenes LGBTQ+, y creando un entorno seguro y de apoyo en su hogar.</p>	<a href="#">Haga clic aquí para registrarte</a>
Friday, 5/28/21	6:00pm– 7:30pm	Kristy Wayson	<p style="text-align: center;"><b><u>Psychotropic Medication</u></b></p> <p>Learn more about your child's psychotropic medications and how to manage those medications. Come ready to learn the side effects, associated signs and symptoms, how to document and track those psychotropic medications, as well as when to ask for help!</p>	<a href="#">Click here to sign up</a>
Saturday, 5/29/21	10:00am- 12:00pm	Destiny McLeod	<p style="text-align: center;"><b><u>Managing Behaviors through Positive Discipline</u></b></p> <p>In this workshop, we will cover behavioral issues that may arise in foster children due to their development, experiences, relationships, and traumas. We will then cover the importance of the word “Discipline” and its meaning to teach or guide rather than to punish. Resource parents will learn ways to implement Positive Discipline in their homes with their foster children.</p>	<a href="#">Click here to sign up</a>