

True Colors Personality Test

Why Personality Tests?

A personality test is completed to yield a description of an individual's distinct personality traits. In most instances, your personality will influence relationships with your family, friends, and classmates and contribute to your health and well-being. Teachers can administer a personality test in class to help your children discover their strengths and developmental needs. The driving force behind administering a personality test is to open up lines of communication and bring students together to have a higher appreciation for one another. A personality test can provide guidance to teachers of what teaching strategies will be the most effective for their students.

Personality test can benefit your students by:

- Increasing productivity
- Get along better with classmates
- Help students realize their full potential
- Identify teaching strategies for students
- Help students appreciate other personality types

One of the most popular personality tests is the True Colors Personality Test. This personality test asks a series of questions to rate your likes and dislikes. The test will then rate your personality as either a blue, green, orange or gold personality type. You may be a combination of two colors, but usually a student will exhibit one primary color. A personality test is not a means to type cast a student, but it allows teachers to understand the personality attributes associated with various students. You will operate as one primary color for the most part, but high levels of stress and other environmental factors can shift your personality type for short intervals. As a rule of thumb, you should recognize your strong attributes and keep in mind the attributes that irritate people.

Teachers should disseminate a personality test to their children the first week of school. A personality test is a fun exercise for the class and will enable the teacher to more adequately plan lessons and activities for their students.

Name: _____

Exploring Your Colors

Below are 11 incomplete sentences that describe people. Each sentence has four possible endings. Give four points to the phrase that is "most like you," three points to the phrase that is "next most like you," two points to the next phrase, and one point to the phrase that is "least like you."

Use the sentences below to describe your personality.

1. When I make decisions:

- a. I do it quickly and go with the first impressions.
- b. I think about it, consider the options and then decide.
- c. I listen to my feelings and consider how my decisions will affect others.
- d. I take it seriously and always try to make the right decision.

2. The best way for others to show me they care about me is to:

- a. Do fun things with me.
- b. Give me space to be myself.
- c. Spend time with me doing whatever.
- d. Do what I want to do; not let me down or go back on their word.

3. When I'm with my friends, I like to provide:

- a. The excitement; the fun; the jokes.
- b. Questions; answers; a logical way of looking at things.
- c. Concern for others; a lot of caring.
- d. The planning; a sense of security; a good standard.

4. I like to:

- a. Act on a moment's notice; do risky things.
- b. Provide answers or give thought to people's questions.
- c. Help maintain a sense of harmony and togetherness.
- d. Be responsible, dependable, and helpful to others.

5. One thing I am really good at is:

- a. Acting courageously.
- b. Thinking.
- c. Being sensitive.
- d. Organizing.

6. Friends who know me best would say that I am:

- a. Competitive.
- b. Reserved, thoughtful.
- c. Emotional, friendly.
- d. Neat, prepared.

7. My basic approach to life is:

- a. To take one day at a time and have fun.
- b. To figure out what life is all about.
- c. To help others and be happy and succeed.
- d. To plan for the future and make it as good as possible.

8. When I am feeling discouraged or "down in the dumps":

- a. I often become rude, mad, or sometimes even mean.
- b. I withdraw, don't talk very much, and try to think my way out of the problem.
- c. I feel emotional, am sad, and usually like to talk it over with someone close to me.
- d. I try to figure out what's causing the problem and fix it.

9. I feel good about myself when:

- a. I can do things that are difficult.
- b. I can solve problems or figure things out.
- c. I can help other people.
- d. I am appreciated or rewarded for things I do.

10. Teachers at school who saw me when I wasn't on my best behavior might describe me as:

- a. Rowdy or a little wild.
- b. Arrogant.
- c. Talkative.
- d. Someone who wants things my way; dominant; worrying.

11. Teachers at school (who like me and in whose class I do pretty well) would probably describe me as:

- a. Charming, a natural leader, clever, someone who is fun to have around.
- b. Thoughtful, someone who has good answers, someone who likes to figure out problems.
- c. Nice, friendly, someone who gets along with other students and is helpful to the teacher and others.
- d. Neat, organized, prepared, someone who does assignments and is a good student.

Number	A	B	C	D
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
TOTAL				

Total your columns and place your results in the blanks below.

- a. Orange
- b. Green
- c. Blue
- d. Gold

What is your first color?

What is your second color?

Name:-----

Are you...Blue?

Enthusiastic...Sympathetic...Personal?
Warm...Communicative...Compassionate?
Idealistic...Spiritual...Sincere?
Peaceful...Flexible...Imaginative?

At school...

I have a strong desire to be a role model for my classmates.

I am skilled at motivating and interacting with others - I make friends easily and like having friends.

I respond well to encouragement rather than competition.

I like being artistic, communicating with people, and helping people.

Are you...Green?

Analytical...Global...Conceptual?
Cool...Calm...Collected?
Inventive...Logical...Problem Solver?
Abstract...Creative...Investigative?

At school...

I am conceptual and am an independent thinker.

For me, work is play.

I am drawn to constant challenge.

I like to develop models and explore ideas.

Are you...Gold?

Loyal...Dependable...Prepared?
Thorough...Sensible...Punctual?
Faithful...Stable...Organized?
Caring...Concerned...Helper?

At school...

I am stable and organized.

I am detailed oriented and predictable.

I believe that work comes before play, even if I must work overtime to complete the job.

I understand and respect authority and am comfortable with how school goes.

Are you...Orange?

Witty...Charming...Spontaneous?
Impulsive...Generous...Impactful?
Optimistic...Eager...Bold?
Physical...Immediate...Courageous?

At school...

I learn by doing and experiencing, rather than by listening and reading.

I like being physically involved in the learning process and am motivated by my own natural competitive self and sense of fun.

I am a natural performer.

I like doing tasks that allow me to be independent and free.