



**Career
Essentials:
*Foundations***



Stop, Think, and Be Mature

Personal Skills: Professionalism

- Essential Questions
 - What is maturity?
 - What are characteristics and traits of maturity?
 - Why is maturity important?
 - How can I demonstrate maturity?

Stop, Think, and Be Mature

Personal Skills: Professionalism

- Students will understand...
 - A mature individual seeks wisdom before acting, which allows them to handle unfavorable situations in a professional manner.
 - A mature individual's decisions are based on character, not feeling.
 - Maturity creates a positive environment at home, school and work, allowing individuals to accomplish their goals and tasks.
 - Maturity is an expected skill in the workplace, especially when excellence is expected at work.



Stop, Think, and Be Mature

Personal Skills: Professionalism

- Students will know...
 - Characteristics of maturity
 - The importance of being mature
 - How to demonstrate maturity in the classroom and workplace



Stop, Think, and Be Mature

Personal Skills: Professionalism

- Students will be able to...
 - Explain the importance of maturity and list five examples
 - Demonstrate maturity by following the four steps of the Impulse Strategy
 - Demonstrate three examples of maturity



Describe a time when
you displayed maturity
through your actions.



An employee is texting a friend about tonight's ballgame during the weekly department meeting at work.



This statement describes **mature** behavior.



This statement describes **immature** behavior.

Personal Skills: Professionalism



An employee posts a personal Facebook update during the workday.



This statement describes **mature** behavior.



This statement describes **immature** behavior.



Following the announcement of the results of the SkillsUSA championships, the second place winner immediately congratulates the winner and tells them they did a great job.



This statement describes **mature** behavior.



This statement describes **immature** behavior.



After learning that an employee did not receive a good work evaluation, the employee asks the manager to explain the expectations and for advice on how to improve for the next evaluation.



This statement describes **mature** behavior.



This statement describes **immature** behavior.



A team project at work does not go well. When asked about the failure, the employee quickly blames a co-worker for everything bad about the project.



This statement describes **mature** behavior.



This statement describes **immature** behavior.



During class, students are instructed to find a partner. The student walks past three other students before finding a friend to partner with for the activity.



This statement describes **mature** behavior.



This statement describes **immature** behavior.



A manager feels an employee is violating the company dress code. To fix this, the manager sends an e-mail to the entire staff addressing the issues and the names of those employees caught ignoring the rules.



This statement describes **mature** behavior.



This statement describes **immature** behavior.



Two students are partners for a lab experiment. A mistake is made and a glass beaker is broken. The pair immediately notifies the instructor the beaker was broken and offers to pay to replace the broken item.



This statement describes **mature** behavior.



This statement describes **immature** behavior.



During class, a student speaks out of turn. The teacher quickly corrects the student and asks them to wait their turn. The student slams their book shut and stares at the clock for the rest of the class period.



This statement describes **mature** behavior.



This statement describes **immature** behavior.



One of the SkillsUSA chapter officers volunteered to ask the school principal about having a recruitment activity on Saturday. The officer forgot, so the officer skips the next meeting.



This statement describes **mature** behavior.



This statement describes **immature** behavior.



Objectives:

- Explain the importance of maturity and list five examples.
- Demonstrate maturity by following the four steps of the Impulse Strategy.
- Demonstrate three examples of maturity.



Maturity

How well you are able to respond to situations, control your emotions and behave in an adult manner when dealing with others.

Personal Skills: Professionalism



Specific information from the article	Response:
#1 Factual information, quote or short passage	<ul style="list-style-type: none">• This makes me wonder...• In this situation, I would...• This connects with ____ because...• This is important because...• I don't understand...• This makes me think of ____ because....
#2 Factual information, quote or short passage	<ul style="list-style-type: none">• This makes me wonder...• In this situation, I would...• This connects with ____ because...• This is important because...• I don't understand...• This makes me think of ____ because....
#3 Factual information, quote or short passage	<ul style="list-style-type: none">• This makes me wonder...• In this situation, I would...• This connects with ____ because...• This is important because...• I don't understand...• This makes me think of ____ because....



- What are the benefits to a company that has mature employees?
- What benefits exist for the mature employee?



Personal Skills: Professionalism



Impulse

A sudden strong and unreflective urge to desire or act.



Impulse Strategy

- Stop and think
- Breathe
- Three responses
 - Do not speak until you have thought of three different responses.
- Respond