

STRESS RELIEF TREATMENT

WEDNESDAY, DECEMBER 6

**9 a.m.-12:30 p.m. in the
Santa Maria Student Center**

***Stop by the Student Center to
de-stress and de-compress with
Student Health Services!***

- Receive a free acupuncture treatment from Dr. Herb Kandel. Treatment by drop in only, arrive by 12 p.m.
- Visit a Health Services table to play with kinetic sand, grab a coloring book, or smell some essential oils.
- We are here to support you during finals week. Stop by!
- You may even get the chance to pet therapy dogs to unwind and enjoy some puppy kisses and tail wags.



www.hancockcollege.edu

Santa Maria campus

800 South College Drive - Bldg W-12
Santa Maria, CA 93454-6399

Call: 922-6966 ext. 3212

Lompoc Valley Center

One Hancock Drive - Bldg 1-109
Lompoc, CA 93436

Call: 735-3366 ext. 5207



Start here. Go anywhere.

Toll-free: 1-866-DIAL AHC (342-5242)