First Aid Lessons

1. First Aid Basics
2. First Aid Basics: Taking Off Gloves Practice
3. First Aid Basics Continued
4. First Aid Basics: Finding the Problem
5. First Aid Basics: Finding the Problem Practice
6. First Aid Basics: Summary and Review
7. Medical Emergencies
8. Medical Emergencies: Epinephrine Pen Practice
9. Medical Emergencies Continued
10. Medical Emergencies: Review
11. Injury Emergencies
12. Injury Emergencies: Stopping Bleeding Practice
13. Injury Emergencies Continued
15. Injury Emergencies Continued
16. Injury Emergencies: Review
17. Environmental Emergencies
18. Environmental Emergencies: Review and First Aid Summary

Skills Practice

Taking Off Gloves
Finding the Problem
Using an Epinephrine Pen
Stopping Bleeding

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CPR AED Lessons

**Adult**
1. Introduction
2. Compressions
3. Prepare to Give Breaths
4. Give Breaths
5. Use a Mask
6. Compressions and Give Breaths (With a Mask)
7. Use an AED
8. Assess and Phone
9. Put It All Together
10. CPR AED Practice
11. Choking
12. Summary

**Child**
1. Introduction
2. CPR AED Practice
3. Choking
4. Summary

**Infant**
1. Introduction
2. Compressions
3. Give Breaths
4. Compressions and Give Breaths
5. Assess and Phone
6. Put It All Together
7. CPR Practice
8. Choking
9. Give Breaths with a Mask (Optional)
Skills Practice

**Adult CPR AED**
Compressions
Give Breaths
Use a Mask
Compressions and Give Breaths (With a Mask)
Put It All Together

**Child CPR AED**
Put It All Together

**Infant CPR**
Compressions
Give Breaths
Put All Together
Give Breaths with a Mask