



**Career
Essentials:
*Foundations***





Growing My Career Opportunities

Personal Skills: Self-Motivated

- Essential Questions
 - Why should I seek opportunities to continue to learn?
 - Why is continued learning essential in today's workplace?
 - How do I evaluate my achievement towards continuous learning?



Growing My Career Opportunities

Personal Skills: Self-Motivated

- Students will understand...
 - Willingness to learn is an essential to success in the workplace.
 - Willingness to learn is developed through seeking feedback from others and utilizing training opportunities.
 - The impact of continuous learning in the workplace is based on behavior modification and changes in your work after the experience.



Growing My Career Opportunities

Personal Skills: Self-Motivated

- Students will know...
 - Why being willing to learn is important
 - How to identify learning opportunities
 - How to change and adapt based on feedback from others



Growing My Career Opportunities

Personal Skills: Self-Motivated

- Students will be able to...
 - Explain the importance of being willing to learning in the workplace
 - Identify learning opportunities
 - Adapt from after receiving feedback or being trained in new skills



- What changes have impacted the profession you are interested in during your lifetime?
- What changes will this profession face in the next 10 years?



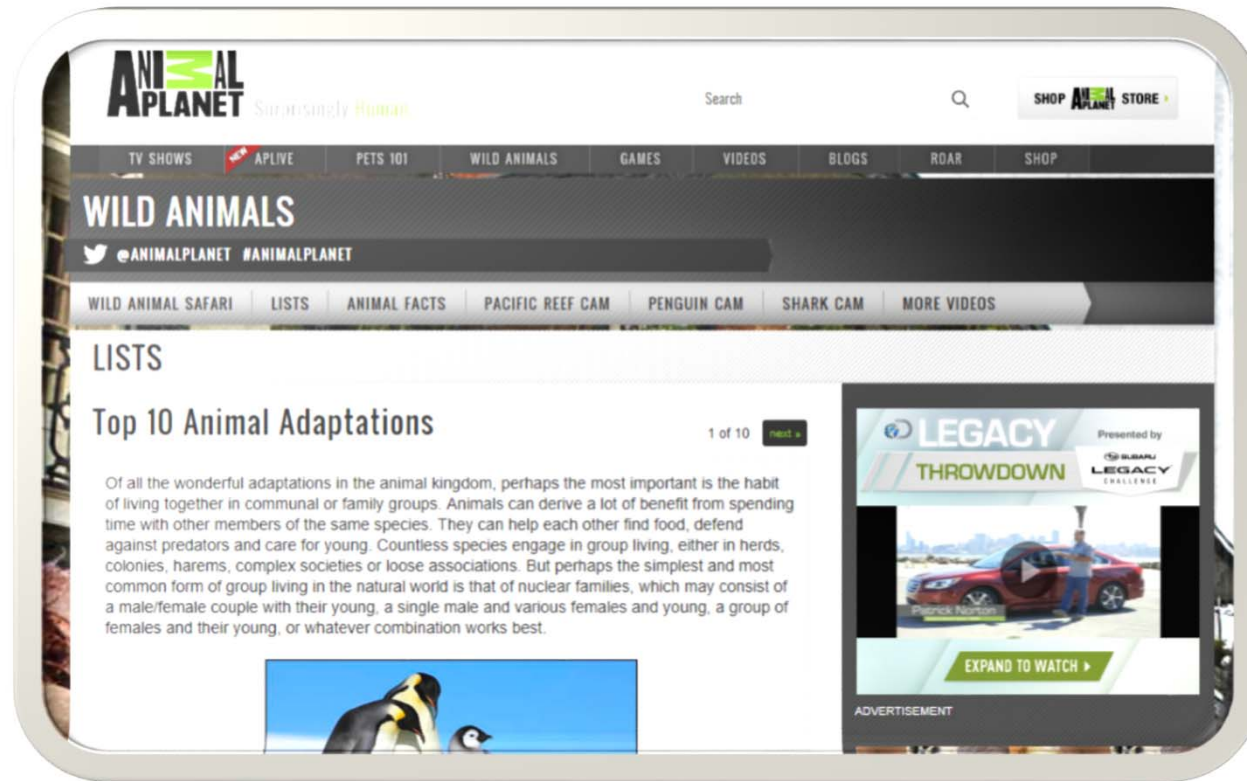
Objectives:

- Explain the importance of being willing to learn in the workplace.
- Identify learning opportunities.
- Adapt after receiving feedback or being training in new skills.



- What is willingness to learn?
- Continuous Learning
 - Committing to self-improvement
- Why is the ability to grow and adapt essential to success?
- Companies and employees who do not adapt to the marketplace will not thrive.

Personal Skills: Self-Motivated



“The Top 10 Animal Adaptations”

<http://www.animalplanet.com/wild-animals/photos/animal-adaptations.htm>



Creating a Continuous Learning Plan

- Identify three skills you would benefit from gaining and write them down.
 - These skills can be general such as becoming more organized or more specific such as learning to operate a new machine.
- Next to these three skills, write a short description of how gaining each new skill would benefit you at school or work.



How can we continue to learn in the workplace?

By utilizing:

- Coaches
 - an individual who helps develop a very specific skill
 - Think of a coach in terms of sports; they focus on the development of specific skills related to that activity.
- Mentors
 - an individual who works to develop the whole person
 - A mentor could provide some feedback on a specific activity, along with academics, and your family.
- Training opportunities
 - an organized activity to develop a specific skill
 - This may be a vast array of opportunities from looking something up online, to taking a class, or attending a conference.



Personal Skills: Self-Motivated



S

- **Specific**
- lets you know when you have reached the goal

M

- **Measurable**
- allows you to measure your progress

A

- **Approved**
- approved by you means you want to be successful

R

- **Realistic**
- ensure you goals are not too high or low for your ability

T

- **Time Stamped**
- Make sure you have a timeframe listed for completion of the goal

SMART Goal Example:

By November 1st I will achieve at least a score of a 21 on the ACT exam.

